

Communication & Information



EXISTING SERVICES

Aging & Independence Services Publications

- Aging & Independence Bulletin
Briefs and updates about services, items of interest, a calendar of events, and volunteer opportunities with the Retired & Senior Volunteer Program (RSVP)

(858) 505-6474

- Safe Seniors Newsletter
Focuses on preventing elder abuse in San Diego County

(858) 505-6474

Norman Park Senior Center Newsletter

- Weekly events, classes and activities across the city, groups, and health presentations.
Available <http://www.chulavistaca.gov/Home/Components/FacilityDirectory/FacilityDirectory/24/2939>

(619) 409-1930

Public Library

- Computers, WiFi, local history, downloadables

<http://www.chulavistaca.gov/departments/library>

All community members should have access to relevant information that help them stay connected with events, programs, services, and resources. However, not everyone has access to the Internet and older adults may not be familiar with features of mobile phones, such as e-mail, texting, and social media, so age-friendly communities must disseminate information through a variety of means. This information should also be available in different languages. By delivering information through multiple communications channels, such as print and electronic, the City will promote more opportunities to engage with others in and around the community.

Recent and Upcoming Projects

Community Cafés

Monthly dialogues at local business and facilities focused on how to make the community more accessible for all ages. Each month will have a different topic that supports healthy aging and improves the quality of life for residents.

Visit www.chulavistaca.gov/agefriendly for more information.

Local Print Publications

Short articles in local magazines, such as *Our Hometown Magazine*, *Ella South Bay*, *Star News*, and *El Latino*, that advertise events, programs, and projects about aging in the City.

